JUMP GRAD MENTOR TRAINING

October 18, 2021
JUMP Coordinators

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Agenda

12:05-12:20 Introductions & Activity #1 (Breakout Sessions)

12:20-12:25 Share Out Loud

12:25-12:30 IDEA Mission

12:30-12:35 What is JUMP?

12:35-12:45 Activity #2

12:45-12:50 Share Out Loud

12:50-55 Review Survey & Talking Points

12:55-1:00 Q&A
Activity 1: Introductions

With the people in your Breakout Room:

1. Introduce yourself
   (A) Name
   (B) Major
   (C) Fun fact

2. Discuss
   (A) Who were some of the most influential mentors in your lives?
   (B) What are some qualities that you liked about them?
IDEA Center Mission

● Foster an inclusive and welcoming community

● Build a support system for underserved groups
  ○ first-generation college students

● Promote a sustainable culture of academic excellence through mentorship

● Provide academic, professional, and holistic development opportunities for students

● Increase retention and graduation rates
Support First-Generation College Students

- Be a **guide**:
  - Help ease students transition to college
  - “Scaling down” their college experience
  - Encourage their engagement on the college campus
  - Help them build networks and social connections
  - Connect them with opportunities
  - Empower them to get the most out of their education
What is JUMP?

Coordinators (staff, graduate, undergraduate) organize and connect everyone together.
Opportunities for Students through JUMP

**November 1**
Mentor-Mentee Groups
Mentors reach out to mentees!

**November 16**
JUMP Resume Advice
Please come help review resumes!

**October 25**
Mentor-Mentee Mixer
Mentees select their top 3 mentors

**October 15th - November 15**
Birch Aquarium Trip
Go with your mentee group for free!

**November 15 - December 1**
Coffee On Us
Food for small groups is paid for by JUMP!

**December 1 - December 5**
Mentor-led Workshop
Presentation by one or more mentors!
What We Need from YOU

- Attend **ONE Large group session** once a quarter

- **Lead or facilitate a workshop/panel** once per year

- Make your expectations clear, and listen to your mentees’ and mentors expectations
  - check in **ONCE a quarter**

- Get to know your group

- **Don’t give up if your mentee is not responsive**
  - Establish communication early on
  - Make yourself approachable
  - Consult JUMP digital handbook for guidance
Set Expectations with Your Mentees

Mentors can say things such as:

“As your JUMP mentor, I expect you to ...

• create a **respectful** and a **welcoming environment** for people of all backgrounds in the JUMP community
• be:
  ○ **enthusiastic** about learning
  ○ **committed** in attending events and communicating with me when there is a conflict
  ○ **curious** and **proactive**
  ○ **responsive**
  ○ be **respectful of time boundaries**
Talking points for Mentors

• YOU (mentor) can ask mentees:
  ○ What major they are in, which college and GEs they need to take
  ○ What their academic/career aspirations are
    ■ Can lead to “are you interested in academia/industry” talk
  ○ What classes they are taking in F/W/S quarter
    ■ Can give scheduling help
  ○ May need help with:
    ■ Time management
    ■ Having a clear short/long term goal
    ■ ...
Activity 2

What are some good virtual activities to host with your mentees?
Possible Activities

Fun:

- Harry Potter Escape Room
- Scribble/Using Zoom Whiteboard
- Jack Box
- Among us
- Discord watch party
- Trivia
- Two truth one lie

Professional/Academic:

- invite to public lab meeting
- Excel/python skills
- Mock interviews
- Resume mini workshop
- professional emails
- Attend conferences with your group
- Attend Engineers on the Green together
- virtual networking
Mentee Expectation from Survey Results

1) Professional
   a) Study habits, task prioritization
   b) How to approach and join a research lab
   c) Internships
   d) Career paths: graduate school and beyond vs. industry
   e) Networking tips & online etiquette
      i) How to connect with faculty & industry professionals
   f) Resume critique
   g) Technical workshop

2) Personal
   a) School-work-life balance
   b) Coping with feeling lost and overwhelmed
   c) Applications of classes to real life
Mentee Expectations

“As your JUMP mentee, I expect you to...

- create a respectful and a welcoming environment for people of all backgrounds in the JUMP community
- willingly and approachably answer any relevant questions I have
- proactively show us that you care about supporting us academic-wise, career-wise, etc.
- successfully lead us in small groups to successfully become a tightly-knit community that is built on trust, support, and passion
JUMP First Event: Mentor-Mentee Mixer

Welcome Meeting Agenda, Monday 10/25:

- Welcome Presentation (6-6:30 PM)
- Three 20-minute Rotations (6:30-7:30 PM)
  - Grad Mentors in break-out rooms of 3-4 mentors
    - Groups organized by department
  - List of questions is provided to facilitate discussion
  - Students may reach out later for additional questions
  - Mentees rank their top 3 mentors
  - Mentor-mentee matches released by Nov. 1st
<table>
<thead>
<tr>
<th>Date Range</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Oct 15-Nov. 15</td>
<td>#2 Birch Aquarium (go 1x October/November)</td>
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<tr>
<td>Nov 16, 6:00-7:30 PM</td>
<td>#3 TEAM/JUMP Resume Review on Zoom</td>
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<td>Nov 15-Dec 1</td>
<td>#4 Coffee Meet Up (pick up from IDEA/Optional/First come first serve)</td>
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<td>Dec 1-5</td>
<td>#5 Mentor Chooses Workshop to facilitate on a topic/or do a social, can collaborate with other mentors</td>
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Join IDEA Instagram for Memories!

IDEA Engineering Student Ctr.
We provide engineering students with academic support and social engagement that enhances the values of diversity for a global community.

jacobsschool.ucsd.edu/idea/about/student_spotlight.shtml
Questions or Comments?